



CULTURAL SHOWCASE!

Julia Gama, the Miss Universe 2020 1st Runner-Up & Miss Universe 2024 (Telemundo) host, graced the Forerunners event, held as a prelude to the 25th Hornbill Festival recently. **P12**



A Glamorous New Year in B-Town

STARRY CELEBRATION



Drove from Finland, 3 h into Sweden to get clear skies
@triptii.dimri
Triptii Dimri post

Triptii Dimri celebrated the New Year beneath the Northern Lights in Sweden. She shared breathtaking photos of the mesmerizing lights on Instagram, giving her followers a glimpse of her magical experience.



Kajol, Ajay Devgn with their son Yug

Kajol and Ajay Devgn chose an intimate celebration with family, including their son Yug, Ajay's mother, and sister Neelam. Kajol's heartfelt caption resonated with fans: "May your joy be supremely infectious to the world around you always."



Bhavika Khunteta
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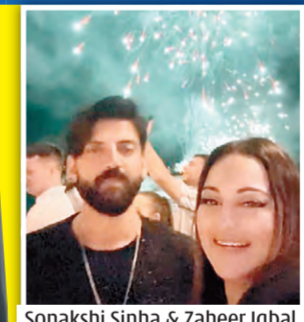
As the clock struck midnight, Bollywood stars ushered in the New Year with style, love, and heartfelt celebrations. City First highlights B-town's festive moments and warm wishes shared by beloved celebrities. Bollywood celebrities stepped into 2025 with flair, sharing glimpses of their joyous celebrations. From intimate family gatherings to scenic getaways, stars treated fans to heartwarming moments as they wished them a Happy New Year.

Parineeti Chopra & Raghav Chadha celebrated New Year in Delhi. The couple shared a collaborative post on social media, where they warmly wished their fans a "Happy New Year." This marked their joyous first New Year celebration together as a happily married couple.



Parineeti Chopra & Raghav Chadha

Sonakshi Sinha and Zaheer Iqbal kicked off 2025 in Sydney, Australia, sharing a sweet video where Sonakshi planted a kiss on Zaheer's cheek, making fans swoon.

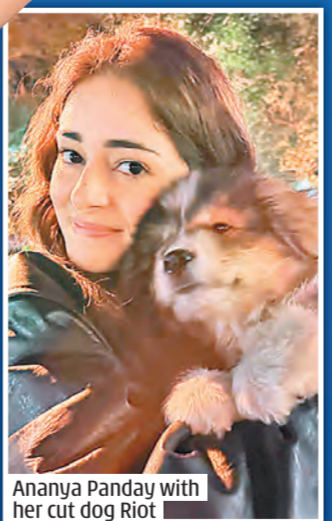


Sonakshi Sinha & Zaheer Iqbal

Katrina Kaif made waves with her New Year post, featuring her radiant smile against palm trees and a serene beach adorned with "2025" in LED lights. Fans couldn't stop admiring Vicky Kaushal's photography skills.



Katrina Kaif



Ananya Panday with her cut dog Riot

Ananya Panday started her year on a cozy note, cuddling her adorable pet dog, Riot. Sharing pictures on Instagram, including a striking image of "2025" lit up in laser lights, she wrote, "Starting 2025 with only love! Let's set the tone for the rest of the year."



Khushi Kapoor & Boney Kapoor

Other stars, including **Khushi Kapoor, Preity Zinta, Alia Bhatt and Ranbir Kapoor**, also extended heartfelt wishes, bringing the industry's charm and warmth to the New Year celebrations.

With love, laughter, and meaningful connections, Bollywood ushered in 2025, inspiring fans to embrace the year with hope and joy.



WHAT'S NEXT?



SHIMMER Wedding & Gift Expo 2025: Jaipur's premium event, brings top designers and vendors across bridal couture, decor, accessories, and lifestyle, creating a one-stop wedding destination!
 When: Jan 10-11, 2025, 11:00 AM - 8:00 PM
 Where: Kesari Bagh Banquets by County inn, vaishali nagar, Jaipur



Rahgir Live- Nanhe Kalakar Festival Jaipur: Experience Rahgir's soulful blend of folk, poetry, and contemporary rhythms. His music, filled with deep lyrics and emotion, will inspire and connect while supporting Urban Forest Plantation through your ticket purchase.

When: January 04, 4:00 PM
 Where: Jawahar Kala Kendra, Jaipur



Truth and Dare Date: Join "Truth or Dare" Date, a fun twist on the classic game to spark connections! Singles can interact through Truth or Dare rounds, breaking the ice and meeting new people in an exciting way.

When: January 05, 5:00 PM
 Where: Code Black, Jaipur

BIRTHDAY FORECAST!



Gabrielle Carteris
CAPRICORN
JANUARY 2

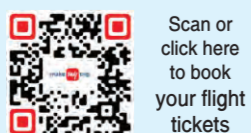
Your heart races, Scorpio, drawing you to a romantic fantasy where you're the star. However, reality intervenes your conscience reminds you of unfinished tasks demanding attention. Balance work and whimsy to achieve harmony between your responsibilities and your dreamy escapades today.

Lucky Number: 7 Lucky Colour: Red



Jaipur Flight Plan

- UDAIPUR-** Air India, Indigo
- JAMNAGAR-** Air India, Air India Express, Indigo
- JAMMU-** Air India, Indigo
- CHANDIGARH-** Air India, Air India Express
- SHIMLA-** Air India, Alliance Air, Indigo
- CALI, COLOMBIA-** Air Europa, American Airlines, Copa Airlines, Etihad Airways, Iberia, LATAM Airlines
- SAN FRANCISCO-** Air India, Air India Express, American Airlines, Etihad Airways, JetBlue Airways
- ISTANBUL, TURKEY-** Air Arabia, Air India, Air India Express, Azerbaijan Airline, Emirates, Etihad Airways
- HONG KONG-** Air India, Air India Express, Cathay Pacific, Etihad Airways, IndiGo, Singapore Airlines
- SHANGHAI, CHINA-** Air China, Air India, Air Macau, Cathay Pacific, China Eastern, Hong Kong Airlines



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JOY OF MISSING OUT (JOMO)

Live Your Own Life



Dr Akhilesh Jain

Head of Psychiatry & Medical Superintendent
 ESI Model Hospital, Ahmedabad

In today's digital age, where people are often caught up in "FOMO" (Fear of Missing Out), a new mindset called "JOMO" (Joy of Missing Out) is emerging. This perspective not only shows us a way to escape the pressure and stress of a fast-paced life but also teaches us how to live with happiness, contentment, and peace.

WHAT IS JOMO?

The Joy of Missing Out means prioritizing your own life and experiencing contentment and joy by freeing yourself from external pressures and unrealistic expectations. It is about embracing the idea that it's not necessary to follow every trend, stay updated on social media, or participate in every event. In fact, letting go of some things can be fulfilling.

On the other hand, FOMO, or Fear of Missing Out, is considered as a byproduct of technology and social media. It often causes us to fear missing out on something important. Notifications, party posts, and the seemingly "perfect lives" of others promoted on social media make us feel as though we are falling behind.

While FOMO may trigger envy of others' lives and achievements, JOMO inspires us to focus on our own lives and find satisfaction within. This mindset helps us realize that staying active on social media or attending every party, event, or opportunity is not necessary for happiness.

The key lies in understanding that happiness resides with-

in us if we free ourselves from unnecessary pressures and prioritize what truly matters.

FOMO vs. JOMO: What's the Difference?

FOMO (FEAR OF MISSING OUT)

- It is the fear that if we don't participate in an activity or event, we might miss out on something important.
- It leads to constant comparison and anxiety.
- Seeing others' posts and photos on social media can make our own lives feel inadequate.

JOMO (JOY OF MISSING OUT)

- It is the conscious joy of letting go of certain things.
- It helps us experience inner peace and contentment.
- It allows us to focus on our priorities and free ourselves from external pressures.

WHY IS JOMO IMPORTANT?

In a world where everything is rapidly changing and we try to stay connected at all times, we often lose ourselves. Letting ourselves free from unnecessary activities and enjoying what is in hand and what we like, we gain the following

benefits:

- Improved Mental Health:** FOMO often leads to stress and anxiety. JOMO frees us from these pressures and provides mental peace.
- Stronger Relationships:** When we aren't constantly distracted by social media or running after unnecessary engagements, we can spend quality time with family and friends.
- Quality Time:** JOMO teaches us how to make the best use of our free time. We can invest in hobbies, learning, outdoor activities, or simply relaxing.

Self-Awareness: JOMO makes us more mindful of our lives. We become more attuned to our needs, desires, and goals.

HOW TO EMBRACE JOMO

- Take a Break from Social Media:** Set aside time each day to stay away from social media. This will reduce the habit of comparing yourself to others and allow you to focus on yourself.
- Enjoy Solitude:** It's not necessary to be surrounded by people all the time. Spend some time alone for introspection and mental peace.
- Set Healthy Boundaries:** Learn to say no to invitations or opportunities that don't align with your priorities.
- Practice Digital Detox:** Step away from phones and gadgets. Instead, read books, meditate, or spend time in nature.
- Explore Your Interests:** The real joy of JOMO lies in dedicating your free time to activities that bring you happiness—such as reading, painting, singing, or learning a new skill.

POSITIVE IMPACT OF JOMO

- It helps you move away from a negative and comparative mindset to a more positive and fulfilling outlook.
- It allows you to lead a meaningful and creative life, free from unnecessary stress and worries.
- It improves your physical and mental health.

YOUR PRODUCTIVITY INCREASES

In today's fast-paced world, where everyone is striving to stay ahead, JOMO serves as a pause button. It reminds us that true joy not always lies in the race but in the moments of stillness also.

Embrace JOMO in your life and realize that missing out isn't always a loss—it can sometimes be your greatest gain.



- Police 100
- Fire 101
- Ambulance 102/108
- Child Helpline 1098
- Help in Suffering 2760012

Do you want to add your establishment here? Email your details to cityfirst@firstindia.co.in

WHAT'S JAIPUR WATCHING TODAY?

<https://in.bookmyshow.com/>



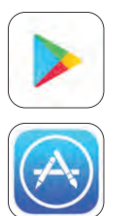
Movie: Baby John
Director: Kalees
Cast & Crew: Varun Dhawan, Jackie Shroff, Keerthy Suresh, Wamiqa Gabbi



Scan or click here to book your movie tickets



Movie: Vanvaas
Director: Anil Sharma
Cast & Crew: Nana Patekar, Utkarsh Sharma, Simratt Kaur, Rajpal Yadav

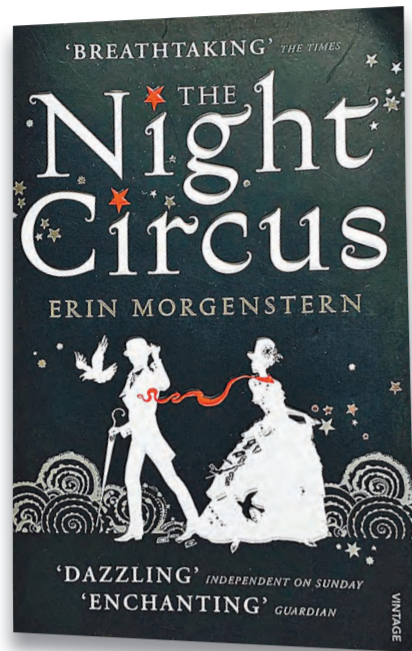


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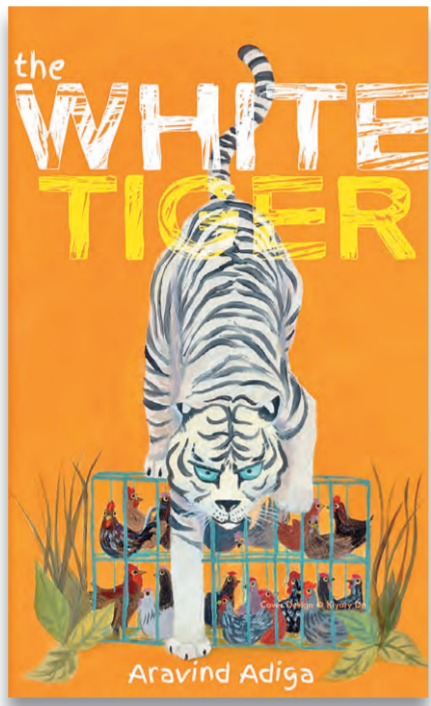
BOOKS

You Can't Miss in 2025!



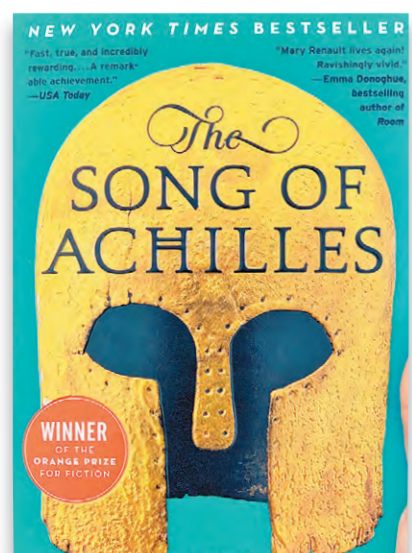
"THE NIGHT CIRCUS"
BY ERIN MORGENSTERN
For those who enjoy a touch of magic and mystery, "The Night Circus" is a must-read. Set in a magical, mysterious circus that only opens at night, this novel revolves around two young illusionists bound by a dangerous game. Morgenstern's beautifully poetic writing creates an atmospheric and immersive experience that will appeal to fans of fantasy and romance. The lush, imaginative world she crafts is unforgettable, with each page offering something new and enchanting. Whether you're drawn to the allure of the circus or the slow-burn romance at its core, this book is a magical escape from the ordinary.

"THE WHITE TIGER"
BY ARAVIND ADIGA
A modern Indian classic, "The White Tiger" is a searing critique of India's social hierarchy, poverty, and the divide between the urban elite and rural masses. Narrated by Balram Halwai, an ambitious driver who rises from the depths of rural India to become a successful entrepreneur, the novel explores themes of corruption, survival, and the pursuit of power. Adiga's dark humour and sharp observations on social inequality make this book both thought-provoking and gripping. As relevant today as when it was first published, The White Tiger offers a poignant look at the realities of India's socio-economic structure.



"BECOMING" BY MICHELLE OBAMA
In her deeply personal memoir, "Becoming", Michelle Obama offers readers an intimate glimpse into her life, from her humble beginnings in Chicago to her years as First Lady of the United States. Through her candid reflections, she shares her journey of self-discovery, the challenges she faced as a woman of colour in a predominantly white environment, and her efforts to balance career, motherhood, and public life. This book is not just a political memoir but a powerful story of resilience, growth, and finding your voice. Obama's ability to connect with readers on a personal level makes Becoming an inspiring and impactful read.

"THE SONG OF ACHILLES"
BY MADELINE MILLER
A retelling of Homer's Iliad, "The Song of Achilles" offers a fresh perspective on the relationship between Achilles and Patroclus, turning the classic myth into a heartbreaking and beautiful love story. Miller's writing is lyrical and emotionally charged, breathing new life into ancient Greek mythology. For fans of epic romance and stories of loyalty, honor, and tragedy, this novel is a deeply moving exploration of love and loss that will stay with you long after the final page.

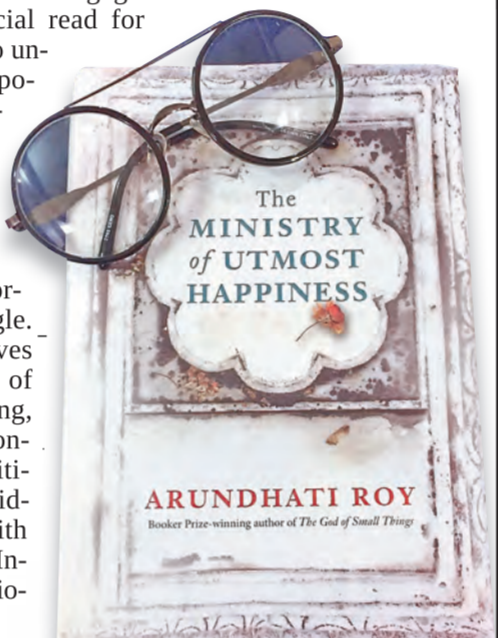


City First
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As we enter 2025, the world of literature continues to offer a rich tapestry of stories, ideas and experiences waiting to be explored.

Whether you're an avid reader or someone looking to dive deeper into diverse genres, this year promises a wealth of captivating books to immerse yourself in. City First brings you some timeless classics to contemporary Indian voices, that should be on your radar in 2025!

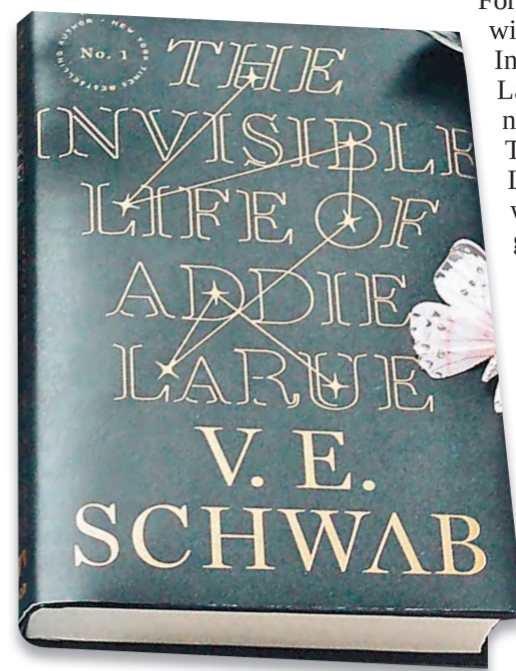
"THE MINISTRY OF UTMOST HAPPINESS"
BY ARUNDHATI ROY
Arundhati Roy's long-awaited return to fiction with "The Ministry of Utmost Happiness" is a sprawling, intricate novel that tackles India's socio-political landscape in the 21st century. Through a series of interconnected characters and narratives, Roy paints a vivid portrait of a country in turmoil, filled with corruption, religious violence, and environmental destruction. However, at its heart, the novel is about hope, resistance, and the search for a better world. Roy's evocative storytelling, profound empathy for marginalized voices, and unapologetic political engagement make this a crucial read for anyone seeking to understand contemporary India's complexities, contradictions, challenges, and enduring resilience amidst constant transformation and struggle. The novel weaves together themes of identity, belonging, justice and the consequences of political choices, providing readers with deep insight into India's evolving socio-political fabric.



"THE SECRET GARDEN" BY FRANCES HODGSON BURNETT
One of the most beloved children's classics, "The Secret Garden" is a story of personal growth, healing, and the restorative power of nature. When Mary Lennox, a spoiled and lonely girl, discovers a neglected garden, she embarks on a journey of transformation, learning the importance of love, kindness, and connection. Burnett's tale is timeless, offering readers of all ages a reminder of the beauty of nature and the strength that lies within each of us to overcome adversity. Whether you are drawn to fantasy, historical fiction, or contemporary Indian literature, 2025 is set to be a year filled with extraordinary books that offer something for every type of reader. From the whimsical to the profound, these books will challenge your perspectives, evoke deep emotions, and take you on unforgettable journeys through different times, cultures, and experiences. As you look ahead to the new year, dive into these remarkable works and let them inspire, educate, and entertain you.



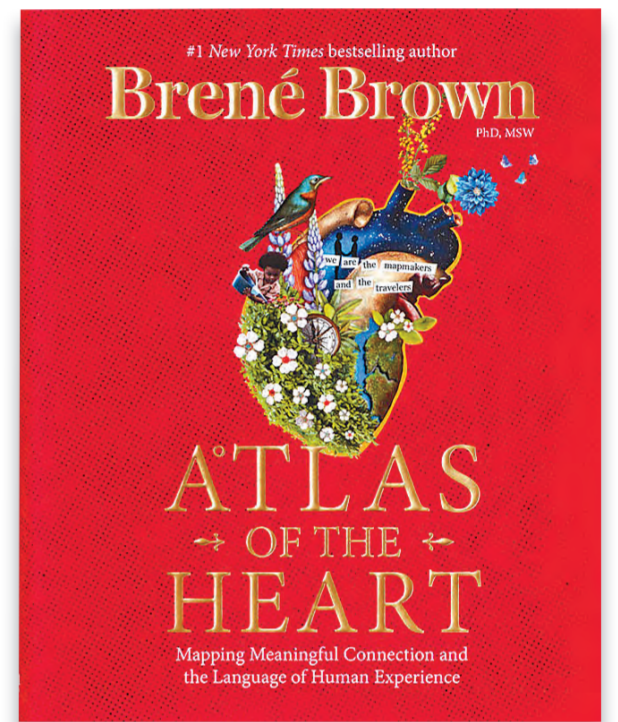
"THE INVISIBLE LIFE OF ADDIE LARUE" BY V.E. SCHWAB



For lovers of historical fiction with a twist of fantasy, "The Invisible Life of Addie LaRue" is a captivating novel that spans centuries. The story follows Addie LaRue, a young woman who makes a Faustian bargain to live forever, only to be cursed with the ability to be forgotten by everyone she meets. The novel is a poignant exploration of identity, memory, and the desire to leave a mark on the world. With its lyrical prose and timeless themes, Schwab's novel will resonate with readers who appreciate stories about the human condition, love, and the passage of time.

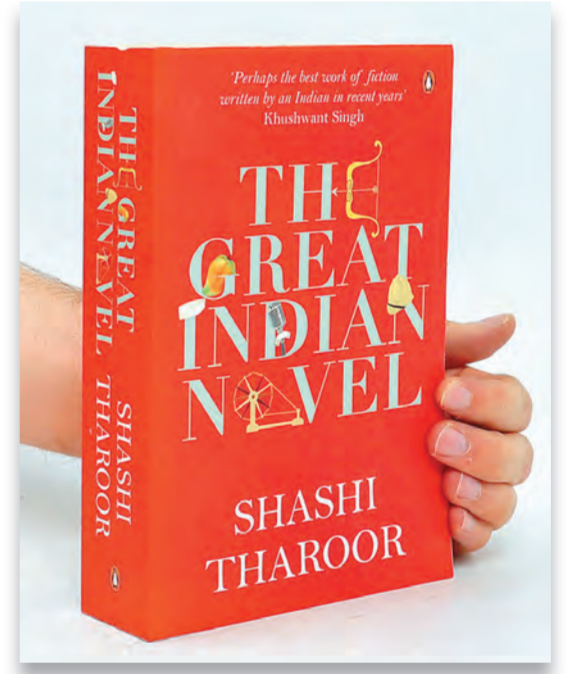
"AN ATLAS OF THE HEART" BY BRENÉ BROWN

Brené Brown's "An Atlas of the Heart" is an exploration of emotions and human connection, grounded in research and personal insight. Brown delves into the language of emotions, examining how we experience feelings like joy, anger, fear, and grief, and how they shape our lives and relationships. This book is for anyone looking to better understand their emotional landscape and improve their interpersonal connections. Brown's compassionate and accessible writing makes complex psychological concepts easy to grasp, offering readers practical tools to navigate their emotions and foster greater empathy in their lives.



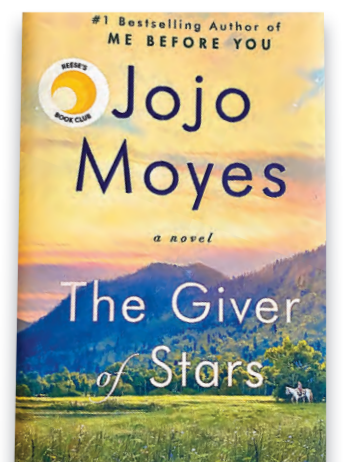
"THE GREAT INDIAN NOVEL" BY SHASHI THAROOR

Shashi Tharoor's "The Great Indian Novel" is a brilliant and humorous retelling of the Mahabharata, reimagined in the context of modern Indian politics. Using a satirical lens, Tharoor explores the complexities of India's political landscape, drawing parallels between the epic's characters and figures from India's post-independence history. The novel is both entertaining and enlightening, offering sharp insights into the country's political culture. Tharoor's wit and intelligence make this a compelling read for anyone interested in Indian history, mythology, and politics.



"THE GIVER OF STARS"
BY JOJO MOYES

Set against the backdrop of the Great Depression, "The Giver of Stars" tells the inspiring story of a group of women who become part of a travelling library, delivering books to rural communities in Kentucky. The novel is a celebration of the transformative power of literature, friendship, and resilience. Moyes' warm and compassionate writing brings to life the strength and courage of these women as they face adversity. With its rich historical setting and emotional depth, this book is a beautiful reminder of the importance of education and community in overcoming life's challenges.





THE JC Show!

Dr Jagdeesh Chandra with Aayushi Shekhawat, Akanksha Tomar, Astha Khandelwal, Shikha Thakur, Aditi Nagar, Poornima Mishra, Preeti Negi, Priya Raj and Pooja Yadav during The JC Show at Bharat24 Channel office on Monday. The special show titled 'Welcome 2025' notched 1 lakh 40 thousand views on YouTube Live, topping all national channels' viewership many times over during its telecast on 31st December 2024.

HAPPY NEW YEAR!



Dr Jagdeesh Chandra greeted and conveyed his best wishes for the upcoming new year to First India News Director Virendra Choudhary and Sanjay Poonia on Wednesday at the Taj Rambagh Palace, Jaipur.

MEET & GREET!



Dr Jagdeesh Chandra was greeted by RAS Shruti Bhardwaj; MD, Rajasthan Cooperative Dairy Federation (RCDF), during a courtesy visit at the former's residence on Wednesday. During the meeting, they exchanged warm New Year greetings.



Dr Jagdeesh Chandra was greeted by Bharat Dixit of the First India family, during a courtesy visit at the former's residence on Wednesday. During the meeting, Dixit sought blessings from Dr Chandra, on the occasion of his birthday which was on December 30, and also exchanged warm New Year greetings.



Dr Jagdeesh Chandra was greeted by Vinod Goswami of the First India family, during a courtesy visit at the former's residence on Wednesday. During the meeting, Goswami sought blessings from Dr Chandra, on the occasion of his birthday which was on December 29 and also exchanged warm New Year greetings.

CULTURAL FUSION



Julia Gama

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Julia Gama, the Miss Universe 2020 First Runner-Up, actress, and Miss Universe 2024 (Telemundo) host, graced the Forerunners event as the showstopper, held as a prelude to the 25th Hornbill Festival recently. The event, organised in collaboration with the Tourism Department and the Government of Nagaland, was presided over by Imlibenla Wati Neinu, President of Forerunners.

The event showcased Nagaland's rich traditions through songs, cultural dances, and interactive activities. One of the even-



Julia Gama (Miss Universe 2020 Runner-Up, Miss World Brazil 2014, Actress, and Host) with Malik Isani (Founder of P&I Magazine)



Imlibenla Wati Neinu (President Of Forerunners)

a traditional Naga outfit, walked as the showstopper, exuding elegance and celebrating the unity and legacy of Nagaland's pageantry.

Malik Isani, Founder of P&I Magazine, played a pivotal role in bringing Julia Gama to Nagaland, facilitating a unique cultural exchange between global pageantry and Indian traditions.

Julia Gama expressed, "It has been an incredible honour to experience Nagaland's culture and history. Walking the runway was a humbling experience."

The event's success was supported by notable patrons including Temjen Imna Along (Minister of Tourism and Higher Education, Govt. of Nagaland), Kunzholuzo Azo Nieniu (MLA, Govt. of Nagaland), and the Forerunners team.

ing's highlights was the Tribute Runway, where former winners of Miss Nagaland,

from 1989 to the reigning queen, walked the ramp together. Julia Gama, donning

GREETINGS!



Dr Jagdeesh Chandra with Gauravi & Rajveer

Dr Jagdeesh Chandra was warmly greeted by Gauravi and Rajveer, the children of Kavita Chauhan from the First India family, during a heartfelt courtesy visit at his residence on Wednesday. The young duo, visiting on the eve of their birthday, sought Dr Chandra's blessings as they gear up to celebrate their special day today. New Year greetings were also exchanged during the visit, making the occasion even more memorable.

Rotary Club Jaipur Royal hosted a grand event at the Rotary Club Auditorium to announce the Executive Committee for 2025-26 on Monday. Rotarian Prashant Sharma was unanimously elected as the President Nominee for 2026-27. The newly elected committee includes Vice Presidents Rotarian Rajesh Vijay and Rotarian Adesh Kanungo, Secretary Ramesh Chandra Goyal, Joint Secretary Ajay Ahuja, and Treasurer Manoj Bansal. Other directors include Rotarians Sandesh Jain, Ashish Anand, and several others. The event, graced by Rev. Arun Bagadia and Club Patron Ravi Kamra, concluded with heartfelt gratitude from Secretary Rev Harshvardhan.



Celebrate with Grace



MLA Kalicharan Saraf with Pooja Chhabra, Gopal Gupta and others during the inaugural ceremony



Dharamveer Katewa

Divya Kanwalia
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Rajasthan University marking a positive and healthy start to the New Year by distributing over 7,000 litres of milk on Tuesday. The inauguration ceremony was graced by MLA Kalicharan Saraf, Mayor Somya, Prof Alpina Kateja and IPS Tejaswini Gautam. Thousands of people embraced the initiative,

choosing milk over alcohol to celebrate.

Dharamveer Katewa, Secretary of the Indian Asthma Care Society, launched this unique campaign in 2003 to promote New Year celebrations with milk instead of alcohol.

The idea was born on Jaipur's JLN Marg, where New Year's Eve often witnessed chaos due to drunken revelry, reckless driving and unsafe streets. Starting with just 500 litres of milk,

Katewa emphasised its symbolic value as a representation of life, nourishment and strength, encouraging a pure and positive beginning to the year.

The campaign promotes health, safety and cultural pride. It fosters community-driven celebrations involving women and families. Katewa envisions a healthier, addiction-free India, inspiring millions to rethink their New Year traditions.

WHAT'S HAPPENING!



Dr Devendra Pathak, National Business Head of Bharat 24, was warmly welcomed by Prakash Purohit; Group Managing Director of Miraj Group, during a courtesy visit to Nathdwara, Rajasthan, on Wednesday. During the meeting, Dr Pathak conveyed New Year greetings to Purohit & Madan Paliwal; Chairman of Miraj Group. Additionally, Purohit commended Bharat 24 for its growing popularity and extended his best wishes for its continued success in 2025.



Malviya Nagar MLA Kalicharan Saraf inaugurated the installation of 38 CCTV cameras in Ward 145, Mahesh Colony, funded with ₹35 lakh from the MLA fund on Tuesday. Councillor Naresh Sharma emphasised the initiative's role in curbing crimes like vehicle vandalism. Natwar Kumawat highlighted MLA Saraf's election promise to equip all 26 wards with CCTV cameras within five years, with installations completed in 26 colonies and ongoing in 13. Residents and development committee officials warmly welcomed Saraf during the event.



Former MLA of Churu, Rajendra Rathore, welcomed the new year by seeking his mother's blessings on Wednesday. Sharing this personal moment, Rathore expressed gratitude for her guidance and support, marking a heartfelt beginning to 2025. His gesture reflected the importance of family bonds and blessings as the foundation of a successful year.